



Her Time

UNWIND. UPLIFT. UNIFY.

HER TIME IS NOW...

Her Time is Necessary! Her Time is Now! While a considerable amount of resources revolves around re-entry and formerly incarcerated males, little attention is paid to the women most impacted. These women live in an alternate world from most of us. It is the significant others, mothers, grandmothers, aunts, and sisters of men who are or have been in jail or prison. These women are the ones who: Care for the children of family members in prison. Work to hold together and meet the needs of a family that is often broken apart and fragmented. Are forced to provide for themselves and the family with limited and often reduced financial resources. Often experience social stigma and shame. Feel voiceless and powerless, which may lead to mental issues of anxiety and stress. But women with incarcerated loved ones aren't the only ones who face these hurdles and challenges. Others include single mothers afraid for their children's futures, mothers who have lost their children to gangs and gun violence, and women who have served time themselves and are trying to get reacquainted with their families and society. Providing the consistency and strength in this alternate world that is needed for their own well-being and that of their children, can be both emotionally and physically draining. Her Time was founded specifically for these women! Her Time is the sister program to Hang Time which was founded in 2014 by Charles Grady, to provide men a forum to address the issues they face as they transition from incarceration back to society with the goal to pursue a second chance at life. Both Hang time and Her Time act as hubs for resources such as jobs, career trainings, PTSD support, housing, education, and community service. Her Time strategically partnered with The Center for Family Justice to cater to women suffering with trauma due to sexual abuse and domestic violence. Her Time focuses on the empowerment of women. The goal of Her Time is to provide an educational space for women to learn from one another, openly express themselves without fear of retribution or ridicule, and draw support from the unconventional cohort of women. They are served a nutritious hot meal, and child care is provided in a

delightful child-centered playroom. Her Time convenes every FIRST Thursday of the month, 6pm-8pm at The Center for Family Justiceâ€™s headquarters on 753 Fairfield Avenue in Bridgeport. Nutritious hot meals are served and child care is provided. In addition to the basic needs of running Her Time at high capacity, Her Time seeks to expose women (and their children) to healthier lifestyles and engage them in activities outside of their norm. There is also a newly instated initiative to support women in business. On Friday, March 2, 2018, Her Time will be celebrating its one year anniversary and looks forward to a year full of progression, positivity and prosperity. Her Timeâ€™s 2018 theme is Servicing Our Bodies and Securing the Bag! Like Her Timeâ€™s Facebook page @HerTimeBPT to stay connected. #hertimeisnow More sponsorships are imperative to keep this wonderful organization viable and operating. I encourage anyone interested in providing support such as meals, services, gift cards, raffle prizes or monetary donations to please contact Her Timeâ€™s Program Director, Shamare Holmes at hertimebpt@gmail.com. Her Time One Year Anniversary Celebration Her Time invites all to celebrate one year of service in the Bridgeport community! BPT Creates (Event Space) \$250.00 Finger Foods \$75.00 Desserts \$60.00 Wine and Beverages \$50.00 Entertainment \$100.00 Decorations/Paper

Donation



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info@kind.fund